



Nikoletta Delatolla-Foskolou,
Traditional Recipes from Tinos.
Tinos, 1996, 95 pp.

The book includes recipes for everyday and festive dishes, but also presents the cheeses of Tinos. Made from cows' milk, and not from that of goats or sheep as is the case with the cheeses from most of the other islands in the Cyclades, these cheeses, as the author explains, are shaped in wonderful marble presses. The book is richly illustrated with colour pictures of the dishes described.

